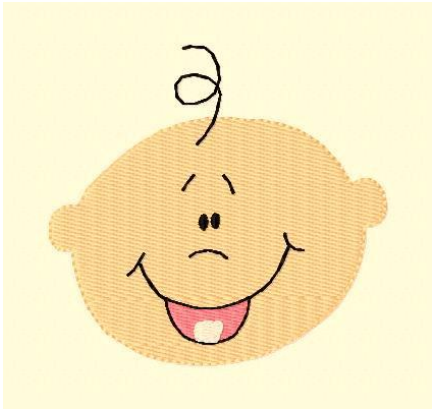


Baby Massage Classes

Bring your baby age 3 weeks - 9 months and join in the fun !



Massage makes for happier babies

Through touch, babies first learn the comfort and security of loving and of being loved. Numerous studies have found that massage plays a significant role in promoting the proper growth and healthy development of infants. Physically, massage stimulates the nerves, increases blood flow and strengthens the immune system.

- ♥ Our instructor is Linda Bolkan, a Certified Infant Massage Instructor (CIMI®).
- ♥ These sessions are specially designed for parents, grandparents and primary caregivers.
- ♥ The instructor uses a doll to demonstrate massage strokes to family.
- ♥ Contact with the baby remains exclusive to family.
- ♥ Each class meets for 1 hour once a week for 4 consecutive weeks.

Linda says: "I enjoy encouraging young families in their discovery of the power of touch in the practice of infant massage. The positive and dynamic response their babies show them is amazing and fun."

For information on current groups and registration contact Linda Bolkan
Text: 530-979-6671 or Email: thislittlepiggybabymassage@gmail.com